



# 2008 NJCAA Indoor Track & Field Championships at EIU

Results as of Friday, March 7 at 10:22 PM

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## Men's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
1	1	6.83 Q	Curtis King • Johnson County CC
1	2	6.83 Q	Markie Faust • Hinds CC
1	3	6.90	Jeff Lane • Vincennes
1	4	6.98	Austin Hawthorne • Johnson County C
1	5	7.07	Thomas Brown • Highland CC
1	6	7.28	Douglas Coley • Chattahoochee Tech
1		FS	Terry Jackson • Hinds CC
1		DNS	Broderick Meekings • Southwest Christian

## Men's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
2	1	6.79 Q	Teddy Poole • Hutchinson
2	2	6.81 Q	Ray Miller • Glendale CC
2	3	6.86	LaShawn Butler • Wallace State
2	4	6.86	Neksy Metelus • Cloud County CC
2	5	6.87	Raymon Parker • Rend Lake
2	6	7.01	Dennis Givens • Glendale CC
2	7	7.10	Brandon Washington • Barton County CC
2		DNS	Markish Jones • Hutchinson

## Men's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
3	1	6.80 Q	David Walters • Wallace State
3	2	6.80 Q	Anton Taylor • Hinds CC
3	3	6.84	Obakeng Ngwigwa • Butler County CC
3	4	6.95	Joshua Donald • Wallace State
3	5	6.96	Jarvous Bryant • Neosho County CC
3	6	6.96	Dario Alleyne • Barton County CC
3	7	7.08	Justin Belford • Phoenix College

## Men's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
4	1	6.73 Q	Imani Butler • Johnson County CC
4	2	6.80 Q	Randy Johnson • Neosho County CC
4	3	6.89	Dwight Mullings • Essex CC
4	4	6.92	Jon Juin • Allen County CC
4	5	6.99	John Kenney • Cowley County CC
4	6	7.00	Solomon Smart • Glendale CC
4		DNS	Jeremy Price • Southwest Christian

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
1	1	21.79 Q	Curtis King • Johnson County CC
1	2	22.32	Markie Faust • Hinds CC
1	3	22.46	Patrick Youngblood • Johnson County CC
1	4	22.96	Tyrone Hawkins • Florissant Valley CC

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
2	1	22.14	Ray Miller • Glendale CC
2	2	23.34	Justin Belford • Phoenix College
2	3	23.38	Jamal Currica • Iowa Central CC
2		DQ	David Walters • Wallace State

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
3	1	21.92 Q	Neksy Metelus • Cloud County CC
3	2	21.95 Q	Demetrius Pinder • Essex CC
3	3	22.48	Randy Johnson • Neosho County CC
3	4	23.15	Randy Baize • Vincennes

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
4	1	22.25	Gregory Hunt • Southwest Mississippi
4		DNF	Derrick Stallworth • Wallace State
4		DNS	Ryan Penn • Southwest Christian
4		DNS	Antrell McCall • Southwest Christian

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
5	1	21.96 Q	Jon Juin • Allen County CC
5	2	22.08 Q	Jonathan Davis • Hinds CC
5	3	22.30	Joshua Donald • Wallace State
5	4	22.55	Dennis Givens • Glendale CC

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
6	1	21.95 Q	Teddy Poole • Hutchinson
6	2	22.06 Q	Raymon Parker • Rend Lake
6	3	22.71	Clyde Young • Southwest Mississippi
6		DQ	Ramon Harris • Coffeyville CC

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
7	1	22.18	Jeff Lane • Vincennes
7	2	22.49	Dario Alleyne • Barton County CC
7	3	22.52	Remuro Henry • Barton County CC
7	4	22.56	Brandon Howard • Iowa Central CC

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
8	1	22.06 Q	Imani Butler • Johnson County CC
8	2	22.31	Terry Jackson • Hinds CC
8	3	23.22	Jamie Wilson • Kingsborough CC

## Men's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
9	1	22.31	Thomas Brown • Highland CC
9	2	23.24	John Kenney • Cowley County CC
9		DNS	Renaldo Phillip • Globe Institute
9		DNS	Broderick Meekings • Southwest Christian

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
1	1	49.01 Q	Demetrius Pinder • Essex CC
1	2	50.60	Aundrea Williams • Butler County CC
1	3	51.59	Everrette Foxx • Wallace State

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
2	1	48.89 Q	John Parks • Barton County CC
2	2	50.71	Jamal Moss • Hinds CC
2	3	54.04	Clayton Hayes • Bronx CC
2		DNS	Juan Lewis • Southwest Christian

# Results as of Friday, March 7 at 10:22 PM

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
3	1	50.33	Michael Liggins • Barton County CC
3	2	50.77	Spivey Vasquez • Mesa CC
3	3	51.07	Adam Bosely • Danville Area CC
3	4	51.13	Bryan Collins • Iowa Central CC

## Men's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
4	1	1:22.26	Andre Dawson • Barton County CC
4	2	1:22.78	Justin Viewins • Cowley County CC
4	3	1:23.23	Redell Frazier • Johnson County CC
4	4	1:24.83	Josh Gomez • Allen County CC

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
4	1	49.42 Q	Dwight Mullings • Essex CC
4	2	50.27	Jayson Smith • Wallace State
4	3	50.79	Jamie Wilson • Kingsborough CC
4	4	51.01	Keenan Simmons • Kansas City CC

## Men's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
5	1	1:20.64 Q	Kevin Bowen • Essex CC
5	2	1:20.65 Q	Keonta Coleman • Barton County CC
5	3	1:25.49	Thomas Norton • Iowa Western CC
5		DNS	Rashay Clark • Southwest Christian

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
5	1	49.72 Q	Virgil Mitchell • Cloud County CC
5	2	50.75	Tyrone Hawkins • Florissant Valley CC
5	3	51.02	David Whitehead • Cloud County CC
5	4	51.48	Carlton Wildman • Cobleskill

## Men's 800 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
1	1	1:55.82 Q	Stafford McFarlane • Essex CC
1	2	1:55.96 q	Joel Rop • Butler County CC
1	3	1:56.72 q	Dean Gonsalves • Barton County CC
1	4	1:57.45 q	Larry Hill • Cowley County CC
1	5	1:58.90	Watson Estelan • Essex CC
1	6	2:00.80	Jeremy Whitaker • Rend Lake
1	7	2:04.76	Matt Silovsky • Cowley County CC
1	8	2:08.53	T.J. Worcester • Butler County CC

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
6	1	48.80 Q	Obakeng Ngwigwa • Butler County CC
6	2	49.40 Q	Randy Baize • Vincennes
6	3	50.08 Q	Sean Hurley • Phoenix College

## Men's 800 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
2	1	1:56.05 Q	Boaz Lalang • Rend Lake
2	2	1:56.66 q	Aaron Dixon • Rend Lake
2	3	1:58.13 q	Matthew Smith • Barton County CC
2	4	1:58.98	Titus Kiplimo • Iowa Central CC
2	5	2:00.62	Karol Grabowski • Oakton CC
2	6	2:02.38	Lopez Carlos • Scottsdale CC
2	7	2:02.55	Samuel Benavides • Mesa CC
2	8	2:07.33	Matt Santarserio • Erie
2		DNS	Mario McCotrell • Southwest Mississippi

## Men's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
7	1	50.10 Q	Eric Pennie • Wallace State
7	2	50.24	DreDame Carter • Barton County CC
7	3	52.03	Christopher Copeland • Hutchinson
7	4	52.57	DJ Bland • Coffeyville CC

## Men's 800 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
3	1	1:57.36 Q	Terry Charles • Barton County CC
3	2	1:57.87 q	Julius Bor • Cloud County CC
3	3	1:58.14	Hillary Samoei • Iowa Central CC
3	4	1:59.10	Ollice Burke • Butler County CC
3	5	1:59.39	Dakota Price • Cowley County CC
3	6	2:01.68	Mitchell Moses • Paradise Valley
3	7	2:03.11	Brian Beachum • Johnson County CC
3	8	2:03.14	John Ketui • Iowa Central CC

## Men's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
1	1	1:20.18 Q	Jarrel Warren • Butler County CC
1	2	1:20.53 Q	Travis Taylor • Rend Lake
1		DQ	Tony Duerson • Danville Area CC
1		DNS	Aubrey Edwards • Globe Institute

## Men's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
2	1	1:20.41 Q	Kamar Ellis • Essex CC
2	2	1:22.13 Q	Aaron Isham • Hutchinson
2	3	1:22.18	Travis White • Rend Lake
2		DNS	Darryl Collins • Globe Institute

## Men's 1000 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
1	1	2:31.14 Q	Aaron Dixon • Rend Lake
1	2	2:31.78 q	Kayon Smith • Essex CC
1	3	2:32.00 q	James Tong • Johnson County CC
1	4	2:32.44 q	Jabar Rolle • Barton County CC
1	5	2:33.15 q	Stephen Dak • Iowa Central CC
1	6	2:35.11	Harrison Philip • Cowley County CC
1	7	2:36.82	Gavin Moore • Butler County CC
1	8	2:38.85	Richard Garnett • Cobleskill
1	9	2:39.13	Alaric Best • Delhi

## Men's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
3	1	1:19.20 Q	Tabarie Henry • Barton County CC
3	2	1:22.02 Q	Ollice Burke • Butler County CC
3	3	1:22.64	Emille Barnett • Cobleskill
3	4	1:24.96	Keith Dziak • Alfred State

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## Men's 1000 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
2	1	2:36.74 Q	Boaz Lalang • Rend Lake
2	2	2:37.41	Isaac Garzon • Delhi
2	3	2:37.77	Robert Kapsoiya • Rend Lake
2	4	2:40.38	Eric Graber • Cobleskill
2	5	2:40.48	Josh Schultheis • Delhi
2	6	2:41.58	Justin Cole • Hagerstown CC
2	7	2:42.62	Nicholas Graham • Essex CC
2	8	2:43.23	Justin Norman • Barton County CC
2	9	2:46.81	Joshua Sawe • Iowa Central CC

## Men's 1000 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
3	1	2:32.30 Q	Titus Kiplimo • Iowa Central CC
3	2	2:32.55 q	Joel Rop • Butler County CC
3	3	2:33.97 q	Marion Body • Macomb CC
3	4	2:34.29	Zach Bowling • Danville Area CC
3	5	2:35.91	Anselmo Borunda • Butler County CC
3	6	2:36.51	Jeremy Siford • Vincennes
3	7	2:36.89	Karol Grabowski • Oakton CC
3	8	2:38.64	Keith Cowart • Johnson County CC
3	9	2:40.18	Rolando Vasquez • Cowley County CC

## Men's 3000 Meter Run

Meet: 8:06.00 Noah Lagat, Butler CC, El Dorado, KS 1998

Fieldhouse: 8:03.6 Ashley Johnson, WKU, 1986

Heat	Place	Time/Dist	Name • Team
2	1	8:22.41	Julius Bor • Cloud County CC
2	2	8:22.59	Elkanah Kibet • Rend Lake
2	3	8:36.54	Jonathan Cheron • Cowley County CC
2	4	8:40.46	David Wainaina • Butler County CC
2	5	8:40.79	Eric Harasyn • Paradise Valley
2	6	8:44.63	Joshua Sawe • Iowa Central CC
2	7	8:45.04	Alfred Kite • Iowa Western CC
1	8	8:48.81	David Barmasai • Iowa Western CC
2	9	8:50.23	Jackson Toroitch • Butler County CC
1	10	8:52.09	Jordan Anderson • North Iowa Area CC
2	11	8:52.97	Hillary Samoei • Iowa Central CC
1	12	8:58.23	Mauricio Morales • Cowley County CC
1	13	9:04.49	Jeremy Sudbury • Paradise Valley
1	14	9:05.31	Tyler Kent • Vincennes
1	15	9:05.45	Eric Stermer • Delhi
1	16	9:09.83	Jake Orndorff • Butler County CC
1	17	9:13.50	Chris Mason • Delhi
1	18	9:14.10	Emmanuel Ramirez • Danville Area CC
1	19	9:16.17	Blake Austin • Florissant Valley CC
2	20	9:17.09	Brett Koehn • Cowley County CC
2		DNF	Ben Cheruiyot • Rend Lake
1		DNS	Nicolas Kering • Chattahoochee Tech
2		DNS	Meshack Koyiaki • Chattahoochee Tech

## Men's 5000 Meter Run

Meet: 14:09.33 Richard Kosgei, Barton County CC, Great Bend, KS 1994

Fieldhouse: 14:21.19 Soimo Kiplagat, Lindenwood, 2005

Heat	Place	Time/Dist	Name • Team
2	1	14:38.78	Elkanah Kibet • Rend Lake
2	2	14:39.19	Ben Cheruiyot • Rend Lake
2	3	14:42.64	David Wainaina • Butler County CC
2	4	14:45.85	Jonathan Cheron • Cowley County CC
2	5	14:50.03	Jordan Anderson • North Iowa Area CC
2	6	15:01.47	Jackson Toroitch • Butler County CC
2	7	15:02.32	David Barmasai • Iowa Western CC
2	8	15:13.78	Hillary Samoei • Iowa Central CC
1	9	15:23.90	Chris Mason • Delhi
2	10	15:24.47	Joshua Sawe • Iowa Central CC
1	11	15:38.57	Brett Koehn • Cowley County CC
2	12	15:43.16	Bailey Bunyan • Rend Lake
1	13	15:45.63	Justin Cacaro • Cowley County CC
1	14	15:46.53	Alex Troncoso • Johnson County CC
2	15	15:50.57	Jake Orndorff • Butler County CC
1	16	15:56.95	Tyler Kent • Vincennes
1	17	16:01.93	Jeremy Sudbury • Paradise Valley
1	18	16:08.89	Greg Bell • Iowa Central CC
1	19	16:15.01	Doug Mercier • Macomb CC
1	20	16:16.83	Emmanuel Ramirez • Danville Area CC
1	21	16:23.52	James Sylvestre • CC Rhode Island
1	22	16:53.07	Mario Schober • Phoenix College
1		DNS	Matthew Rowell • Paradise Valley
2		DNF	Nicolas Kering • Chattahoochee Tech
1		DNS	Meshack Koyiaki • Chattahoochee Tech

## Men's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
1	1	8.26 Q	Virgil Mitchell • Cloud County CC
1	2	8.56	Christian Nash • Vincennes
1	3	8.84	Mosaic Green-Price • Iowa Western CC
1	4	9.04	Andrew Omoregie • Alfred State
1		DNS	Rupert Bannerman-Thompson • Iowa Central CC
1		DNS	Randy James • Southwest Christian

## Men's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
2	1	7.66 R F Q	Ryan Brathwaite • Barton County CC
2	2	8.08 Q	Lamarus Hunter • Butler County CC
2	3	8.28 Q	Joe Pruckno • Mohawk Valley CC
2	4	8.34	Tyson Taylor • Vincennes
2	5	8.48	Aundrea Williams • Butler County CC

## Men's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
3	1	8.07 Q	Cory Holman • Rend Lake
3	2	8.22 Q	James Carter • Barton County CC
3	3	8.24 Q	Legonn Haskins • Butler County CC
3	4	8.25 Q	Andre Townsend • Rend Lake
3	5	8.72	Cedric Crowder • Alfred State
3	6	8.81	Collin VandeHoef • Iowa Central CC

## Results as of Friday, March 7 at 10:22 PM

### Men's Distance Medley Relay

Meet: 9:47.17 Barton County CC, Great Bend, KS 1993  
Fieldhouse: 10:08.29 EKV (Maina, Coney, Kor, Korir) 2005

Heat	Place	Time/Dist	Name • Team
1	1	10:04.89 F	REND LAKE 441 Ben Cheruiyot (Fr), 450 Travis Taylor (Fr) 442 Aaron Dixon (Fr), 447 Boaz Lalang (Fr)
1	2	10:17.56	ESSEX CC 218 Kayon Smith (So), 211 Kevin Bowen (So) 214 Nicholas Graham (Fr), 213 Watson Estelan (So)
1	3	10:18.43	IOWA CENTRAL CC 299 Stephen Dak (Fr), 297 Bryan Collins (Fr) 302 John Ketui (Fr), 303 Titus Kiplimo (Fr)
1	4	10:28.07	BARTON COUNTY CC 20 Terry Charles (Fr), 23 Dean Gonsalves (Fr) 24 Randall Hairston (So), 30 Justin Norman (Fr)
1	5	10:29.38	JOHNSON COUNTY CC 341 Keith Cowart (So), 351 Patrick Youngblood (Fr) 334 Brian Beachum (Fr), 343 Daniel Everhart (So)
1	6	10:31.38	DELHI 199 Rich Esposito (So), 200 Isaac Garzon (Fr) 202 Josh Schultheis (Fr), 203 Eric Stermer (So)
1	7	10:35.77	IOWA WESTERN CC 320 Quinton Crawford (Fr), 322 Alfred Kite (Fr) 325 Colin Randolph (Fr), 326 Andrew Sanders (Fr)
1	8	10:36.22	COBLESKILL 137 Emille Barnett (Fr), 138 Richard Garnett (Fr) 139 Eric Graber (Fr), 140 Carlton Wildman (So)
1	9	10:36.44	HUTCHINSON 274 Wade Adams (Fr), 275 Christopher Copeland (Fr) 277 Aaron Isham (So), 281 Taje Livingston (Fr)
1	10	10:41.09	COWLEY COUNTY CC 171 Harrison Philip (Fr), 174 Deion Ruble (Fr) 175 Matt Silovsky (Fr), 168 Gilbert Manzanares (So)
1	11	10:47.29	BUTLER COUNTY CC 62 Anselmo Borunda (Fr), 63 Ollice Burke (Fr) 65 Ben Harris (Fr), 67 Nate Holmes (Fr)

1	12	10:53.45	CHATAHOOCHEE TECH 105 Douglas Coley (Fr), 106 Jonathan Edwards (Fr) 107 Nicolas Kering (Fr), 108 Meshack Koyiaki (Fr)
1	13	10:53.77	COLBY CC 153 Harley Beck (Fr), 154 Juve Chavez (So) 155 Sandino Nero (So), 156 Darren Sporing (Fr)
1	14	10:53.85	PHOENIX COLLEGE 429 Justin Belford (So), 430 Ian Caracciolo (Fr) 431 Sammy Chavez (So), 432 Miguel Gonzalez (So)

### Men's Pole Vault

Meet: 5.28m 17'03.75" Kyle Dennis, Johnson County CC, Overland Park, KS 2006

Fieldhouse: 5.84m 18'01.75" Dean Starkev. U of I. 1989

Heat	Place	Time/Dist	Name • Team
1	1	14'11.75" (4.57m)	David Starnes • Cowley County CC
1	2	14'06.00" (4.42m)	Josh Riggan • Glendale CC
1	3	14'06.00" (4.42m)	Justin Bowen • Johnson County CC
1	4	14'06.00" (4.42m)	Jordan Pote • Cowley County CC
1	5	14'06.00" (4.42m)	Andrew Hughes • Southwest Mississippi
1	6	14'06.00" (4.42m)	Robert Alexander • Mesa CC
1	7	14'00.00" (4.27m)	Willy Lucero • Cowley County CC
1	8	14'00.00" (4.27m)	Mitchell Krier • Glendale CC
1	9	14'00.00" (4.27m)	Todd Dorsey • Johnson County CC
1	9	14'00.00" (4.27m)	Broncho Rollins • Alfred State
1	11	14'00.00" (4.27m)	Drew Bell • Cloud County CC
1	12	13'06.25" (4.12m)	Billy Leutzinger • Johnson County CC
1		SCR	Kyle Fugit • Paradise Valley
1		NH	Kane Jacob • Scottsdale CC

### Men's Long Jump

Meet: 8.15m 26'09" James Beckford, Blinn College, Brenham, TX 1995

Fieldhouse: 7.88m 25'10.25" Walter Davis. Barton CC. 1999

Heat	Place	Time/Dist	Name • Team
1	1	24'11.75" (7.61m)	Jeff Henderson • Hinds CC
1	2	24'09.25" (7.55m)	Rashad Cannon • Coffeyville CC
2	3	24'09.25" (7.55m)	Kali Jackson • Johnson County CC
2	4	24'03.50" (7.40m)	Akeem Holmes • Barton County CC
2	5	23'08.75" (7.23m)	Stanley Dervill • Cloud County CC
1	6	23'04.75" (7.13m)	Keimar Clarke • Wallace State
2	7	23'01.25" (7.04m)	Trevor Cochran • Johnson County CC
1	8	22'11.25" (6.99m)	Raymon Parker • Rend Lake
1	9	22'10.50" (6.97m)	Clyde Young • Southwest Mississippi
1	10	22'02.25" (6.76m)	Ramon Crockett • Southwest Mississippi
2	11	22'02.25" (6.76m)	LeVance Williams • Iowa Western CC
2	12	21'00.75" (6.42m)	Anthony Taylor • Wallace State
2		SCR	Markish Jones • Hutchinson

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## Men's Shot Put

Meet: 18.82m 61'08.75" Ron Semkiw, Mesa CC, Mesa, AZ 1974

Fieldhouse: 19.35m 63'06" John Smith, SIU-TC, 1986

Heat	Place	Time/Dist	Name • Team
1	1	50'08.00" (15.44m)	Brandon Ottens • Mesa CC
1	2	50'06.25" (15.40m)	Jarred Jonovich • Mesa CC
2	3	50'02.00" (15.29m)	Jason Robbs • Neosho County CC
2	4	48'10.00" (14.88m)	Markus McCown • Rend Lake
1	5	48'08.25" (14.84m)	Jacob Bruen • Glendale CC
1	6	48'04.75" (14.75m)	James Freeman • Rend Lake
2	7	48'02.00" (14.68m)	Matt Holbrook • Vincennes
2	8	48'00.50" (14.64m)	Adrian Little • Barton County CC
1	9	46'10.00" (14.27m)	Tazarious Hawthorne • Hutchinson
2	10	44'08.25" (13.62m)	Chris Holly • Neosho County CC
2	11	42'02.75" (12.87m)	Joe McCall • North Iowa Area CC
1	12	38'07.00" (11.76m)	Stevie Dotson • Florissant Valley CC

## Men's Pentathlon

Meet: 4022 Hanrik Dagard, Blinn College, Brenham, TX 1993

Heat	Place	Time/Dist	Name • Team
1	1	3702	Cory Holman • Rend Lake
1	2	3700	David Bell • Vincennes
1	3	3470	Tyson Taylor • Vincennes
1	4	3384	Virgil Mitchell • Cloud County CC
1	5	3305	Justin Oliver • Butler County CC
1	6	3258	Andrew Omoregie • Alfred State
1	7	3189	Cedric Crowder • Alfred State
1	8	3012	Nick Stoppel • Butler County CC
1	9	2976	Cameron Gallson • Erie
1	10	2962	Derek Begnoche • Cloud County CC
1	11	2929	Spencer Rahm • North Iowa Area CC
1	12	2850	DJ Bland • Coffeyville CC
1	13	2730	Jordan Teeter • Hutchinson
1	14	2115	Dustin Schull • Coffeyville CC
1		DNF	Sean Arango • Cloud County CC
1		DNF	Kasey Carl • Danville Area CC

## Women's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
1	1	7.48 Q	Sheniqua Ferguson • Southwest Mississippi
1	2	7.65 Q	LaBrittney Horton • Barton County CC
1	3	7.83	Jhanell Brown • Florissant Valley CC
1	4	7.90	Aubree' Dorsey • Kansas City CC
1	5	7.93	Mikeita Anthony • Beville State
1	6	8.16	Brandy Simpson • Coffeyville CC
1	7	8.23	Amber Feagins • Chattahoochee Tech
1		DNS	Chelsea Hayes • Butler County CC

## Women's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
2	1	7.46 Q	Teneshia Peart • Florissant Valley CC
2	2	7.66 Q	Krystal Bodie • Southwest Mississippi
2	3	7.71 Q	Shaycoya Myers • Johnson County CC
2	4	7.74	Ashley Harris • Rend Lake
2	5	7.78	Ann Marie Francis • Essex CC
2	6	7.81	Omni Wansley • Rend Lake
2	7	7.88	Courtney Jones • Florissant Valley CC

## Women's 60 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
3	1	7.47 Q	Natasha Ruddock • Essex CC
3	2	7.49 Q	Rosalyn Nelson • Butler County CC
3	3	7.72 Q	Samantha Smith • Beville State
3	4	7.75	Gabby Mask • Coffeyville CC
3	5	7.77	Sasha-Kay Matthias • Essex CC
3	6	7.88	Maliaka Scott • New Mexico JC
3	7	8.12	Adrienne Bradley • Beville State
3	8	8.35	Debreka Milledge • Chattahoochee Tech

## Women's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
1	1	24.56 Q	Teneshia Peart • Florissant Valley CC
1	2	25.51 Q	Cherrelle Montgomery • Barton County CC
1	3	26.17	Ann Marie Francis • Essex CC
1	4	27.68	Sherry-Ann Baggoo • Colby CC

## Women's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
2	1	25.26 Q	Taneisha Baker • Southwest Mississippi
2	2	25.90	Courtney Jones • Florissant Valley CC
2	3	25.97	Maliaka Scott • New Mexico JC
2		DNS	Alba Knight • Globe Institute

## Women's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
3	1	25.14 Q	LaBrittney Horton • Barton County CC
3	2	26.21	Mon'Twaynise McLaughlin • Essex CC
3	3	26.29	Naomi Green • Beville State
3	4	27.41	Candice St. Louis • Kansas City CC

## Women's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
4	1	25.41 Q	Trudeann Clarke • New Mexico JC
4	2	25.45 Q	Sheniqua Ferguson • Southwest Mississippi
4	3	25.67	Rosalyn Nelson • Butler County CC

## Women's 200 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
5	1	25.51 Q	Sasha-Kay Matthias • Essex CC
5	2	25.54 Q	Bionca Gildon • Florissant Valley CC
5	3	27.03	Demica Robinson • Coffeyville CC
5		DNS	Krystal Bodie • Southwest Mississippi

## Women's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
1	1	59.13 Q	Yolanda King • Rend Lake
1	2	59.90 Q	Marissa Maki • Paradise Valley
1	3	1:00.58	Melony McKay • Essex CC
1	4	1:03.08	Shantia Carter • Danville Area CC

## Women's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
2	1	58.03 Q	Trudeann Clarke • New Mexico JC
2	2	58.16 Q	Shannon Moore • Butler County CC
2	3	1:00.34	Christine Burnett • Iowa Central CC
2	4	1:01.11	Ysatis Williams • Florissant Valley CC

# Results as of Friday, March 7 at 10:22 PM

## Women's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
3	1	57.98 Q	Latoya Sanderson • Butler County CC
3	2	59.01 Q	Bionca Gildon • Florissant Valley CC
3		DQ	Taneisha Baker • Southwest Mississippi

## Women's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
4	1	58.79 Q	Cherrelle Montgomery • Barton County CC
4	2	1:02.25	Brittany Carter • Beville State
4		DNS	Alba Knight • Globe Institute

## Women's 400 Meter Dash Semis

Heat	Place	Time/Dist	Name • Team
5	1	58.99 Q	Tayanna Simpson • Barton County CC
5	2	59.99	Aleesha Rice • Essex CC
5	3	1:01.77	Kristin McCoy • Florissant Valley CC
5	4	1:01.89	Tasheilra Jones • Wallace State

## Women's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
1	1	1:40.86 Q	Andrea Sutherland • Barton County CC
1	2	1:41.54 Q	Chestina Anderson • Beville State
1	3	1:43.96	Alisa Harris • Essex CC
1	4	1:45.76	Sarah Mathisen • Iowa Western CC
1	5	1:46.20	Sherry-Ann Baggoo • Colby CC

## Women's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
2	1	1:38.65 Q	Akeisha Dumont • Essex CC
2	2	1:42.67	Anjaih Clemons • Johnson County CC
2	3	1:46.90	Brianna Ramsuer • Beville State
2	4	1:49.38	Valerie Stone • Barton County CC

## Women's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
3	1	1:38.79 Q	Alexandra Webster • Barton County CC
3	2	1:42.56	Tanieka Evans • Florissant Valley CC
3	3	1:48.98	Sarah Young • Allen County CC
3		DQ	Shayle Williams • Highland CC

## Women's 600 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
5	1	1:37.90 Q	LaDonna St. Louis • Kansas City CC
5	2	1:38.88 Q	Jodian Richards • New Mexico JC
5	3	1:40.94 Q	Ali Haffner • Butler County CC
5	4	1:41.19 Q	Becky Dahn • North Iowa Area CC
5	5	1:45.67	Lauren Penc • Mohawk Valley CC

## Women's 800 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
1	1	2:21.97 Q	Claudette Hetmeyer • Bronx CC
1	2	2:23.36 Q	Andrea Sutherland • Barton County CC
1	3	2:23.50 q	Chestina Anderson • Beville State
1	4	2:26.40 q	Simone Buford • Barton County CC
1	5	2:27.88 q	Alexandra Webster • Barton County CC
1	6	2:31.54	Emily Mujica • North Iowa Area CC
1	7	2:31.91	Megan Henson • Butler County CC
1	8	2:36.31	Shanda Anderson • Butler County CC
1	9	2:41.32	Kylie Reach • Erie

## Women's 800 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
2	1	2:21.93 Q	Kim Beardwood • Rend Lake
2	2	2:24.55 Q	Jodian Richards • New Mexico JC
2	3	2:24.82 q	Nikura Walls • Rend Lake
2	4	2:25.64 q	Crystal Stegman • Butler County CC
2	5	2:29.70	Akeisha Dumont • Essex CC
2	6	2:43.54	Lauren Penc • Mohawk Valley CC
2	7	2:51.92	Lydia Kosgei • Iowa Central CC
2	8	3:00.88	Joyce Cheruiyot • Iowa Central CC
2		DNS	Jhana Jones • Globe Institute

## Women's 1000 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
1	1	3:03.85 Q	Ashley Tukes • Macomb CC
1	2	3:04.08 Q	Christa Heideman • Johnson County CC
1	3	3:04.61 q	Claudette Hetmeyer • Bronx CC
1	4	3:08.76 q	Agnes Kapsioyo • Iowa Central CC
1	5	3:11.95	Amanda Jourdan • Rend Lake
1	6	3:18.16	Courtney Price • Johnson County CC
1	7	3:20.47	Katie Monahan • Iowa Central CC
1	8	3:26.57	Megan Henson • Butler County CC
1	9	3:27.09	Gabby Dello • Delhi

## Women's 1000 Meter Run Semis

Heat	Place	Time/Dist	Name • Team
2	1	3:02.26 Q	Pasca Cheruitot • Rend Lake
2	2	3:05.13 Q	Holly Tjaden • Iowa Central CC
2	3	3:05.36 q	Nikura Walls • Rend Lake
2	4	3:05.59 q	Jessica McLeod • Cowley County CC
2	5	3:07.04 q	Patrober Murindat • Butler County CC
2	6	3:11.29	Jennifer Butler • Butler County CC
2	7	3:13.57	Jordon Atha • Hagerstown CC
2	8	3:26.70	Deysi Uriostegui • Phoenix College

## Women's 3000 Meter Run

Meet: 9:48.69 Tigest Moreda, Odessa College, Odessa, TX 1994  
Fieldhouse: 09:16.5 Van Merlo, Illinois State, 1983

Heat	Place	Time/Dist	Name • Team
1	1	9:53.50	Pasca Cheruitot • Rend Lake
1	2	10:27.21	Patrober Murindat • Butler County CC
1	3	10:39.33	Lydia Kosgei • Iowa Central CC
1	4	10:40.36	Anna Bogdanets • Erie
1	5	10:41.86	Jennifer Cheronno • Cowley County CC
1	6	10:42.62	Tonya Nero • Colby CC
1	7	10:46.01	Joyce Cheruiyot • Iowa Central CC
1	8	10:50.23	Jennifer Tanui • Rend Lake
1	9	11:02.96	Francis Gipson • Johnson County CC
1	10	11:09.86	Temer Yimer • Johnson County CC
1	11	11:10.31	Ashley Cronin • Cowley County CC
1	12	11:14.23	Dale Page • Butler County CC
1	13	11:18.98	Sarah Furman • Erie
1	14	11:37.51	Kelly Ipsen • North Iowa Area CC
1		DNF	Bethany Kirkpatrick • Rend Lake
1		DNS	Sydnee Cole • Butler County CC
1		DNF	Kelly Knight • Iowa Western CC

# Results as of Friday, March 7 at 10:22 PM

## Women's 5000 Meter Run

Meet: 17:03.92 Diane Nukuri, Butler CC, El Dorado, KS 2006  
 Fieldhouse: 15:53.9 Van Merlo, Illinois State, 1983

Heat	Place	Time/Dist	Name • Team
1	1	17:29.70	Pasca Cheruitot • Rend Lake
1	2	17:59.95	Agnes Kapsioyo • Iowa Central CC
1	3	18:10.28	Joyce Cheruiyot • Iowa Central CC
1	4	18:19.72	Tonya Nero • Colby CC
1	5	18:23.96	Anna Bogdanets • Erie
1	6	18:27.94	Leah Thompson • Butler County CC
1	7	18:39.65	Jennifer Cheroni • Cowley County CC
1	8	19:00.91	Ashley Cronin • Cowley County CC
1	9	19:01.15	Sarah Furman • Erie
1	10	19:12.71	Lindsey Hollenshead • Hagerstown CC
1	11	19:15.75	Christina Addison • Butler County CC
1	12	19:35.60	Sydnee Cole • Butler County CC
1	13	20:07.84	Gabby Dello • Delhi
1	14	20:21.11	Kathryn Lech • Iowa Western CC

## Women's Distance Medley Relay

Meet: 11:46.20 Barton County CC, Great Bend, KS 1992  
 Fieldhouse: 11:34.44 Purdue, 1982

Heat	Place	Time/Dist	Name • Team
1	1	12:26.85	IOWA CENTRAL CC 309 Carrie Cale (So), 312 Agnes Kapsioyo (Fr)
			313 Lydia Kosgei (Fr), 318 Holly Tjaden (Fr)
1	2	12:28.16	BUTLER COUNTY CC 86 Jennifer Butler (Fr), 102 Blair Vignery (So)
			84 Shanda Anderson (So), 94 Patrober Murindat (Fr)
1	3	12:36.81	REND LAKE 467 Nikura Walls (So), 461 Yolanda King (Fr)
			454 Kim Beardwood (So), 466 Jennifer Tanui (Fr)
1	4	13:14.29	JOHNSON COUNTY CC 360 Courtney Price (Fr), 352 Anjaih Clemons (So)
			362 Andrea Young (Fr), 354 Francis Gipson (Fr)
1	5	13:21.85	COWLEY COUNTY CC 182 Janee Gabbard (Fr), 183 Anna German (Fr)
			184 Jessica McLeod (Fr), 179 Christy Buller (So)
1	6	13:25.92	CLOUD COUNTY CC 125 Erica Burgess (So), 127 Danielle Cope (Fr)
			129 Cheyenne Niehues (So), 134 Megan Schuler (So)
1	7	13:35.92	ALLEN COUNTY CC 12 Kristin Stranghoner (Fr), 14 Sarah Young (Fr)
			13 Erika Wardlaw (Fr), 11 Maresa Cueves (Fr)
1	8	14:30.76	SCOTTSDALE CC 477 Sabrina Nelson (Fr), 475 Kim Gunning (Fr)
			473 Emily Gallagher (Fr), 476 Amanda Holley (Fr)

## Women's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
1	1	8.74 Q	Breeavia Bennett • Bevill State
1	2	8.76 Q	Brittney Castleberry • Rend Lake
1	3	8.90	Valerie Stone • Barton County CC
1	4	9.03	Courtney Wood • Mesa CC
1	5	9.50	Aubree' Dorsey • Kansas City CC
1		DNS	Whitney Miller • Johnson County CC

## Women's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
2	1	8.50 Q	Krystal Bodie • Southwest Mississippi
2	2	8.73 Q	Tiana Davis • Johnson County CC
2	3	9.00	Tyra Porter • Glendale CC
2	4	9.02	Ryan Sanders • Rend Lake
2	5	9.49	Angela Graham • New Mexico JC
2	6	9.78	Dominique Simmons • Cuyahoga CC
2	7	10.37	Diana DeJesus • Mohawk Valley CC

## Women's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
3	1	8.52 Q	Tayanna Simpson • Barton County CC
3	2	8.77 Q	Tiara Barr • Barton County CC
3	3	8.79 Q	Kierra Holiday • Essex CC
3	4	9.54	Jozlyn Varnedoe • Bevill State
3	5	9.62	Talisha Lee • Bevill State
3		DNS	Britanny Kirton • Johnson County CC

## Women's 60 Meter Hurdles Semis

Heat	Place	Time/Dist	Name • Team
4	1	8.19 R F Q	Natasha Ruddock • Essex CC
4	2	8.84	Latoya Sanderson • Butler County CC
4	3	9.07	Jessica Merriweather • Rend Lake
4	4	9.10	Sierra Price • Butler County CC
4	5	9.35	Ashley Zanders • Florissant Valley CC
4	6	9.52	Chelsie Dailey • Iowa Western CC
4		DNS	Jillisa Grant • Southwest Christian

## Results as of Friday, March 7 at 10:22 PM

### Women's Pole Vault

Meet: 3.80m 12'05.5" Erin Anderson, Paradise Valley CC, Phoenix, AZ 2002

Fieldhouse: 3.80m 12'05.50" Marv Wood. EIU. 2005

Heat	Place	Time/Dist	Name • Team
1	1	11'03.75" (3.45m)	Jamilyn Michaud • Paradise Valley
1	2	10'09.75" (3.30m)	Erica Rutley • Paradise Valley
1	3	10'09.75" (3.30m)	Lauren Pew • Mesa CC
1	4	10'04.00" (3.15m)	Lisa Navarro • Mesa CC
1	5	09'10.00" (3.00m)	Cara Grinde • Cloud County CC
1	6	09'10.00" (3.00m)	Laura Faris • Paradise Valley
1	7	09'04.25" (2.85m)	Daphyne Gonzalez • Glendale CC
1	8	08'10.25" (2.70m)	Anna German • Cowley County CC
1	8	08'10.25" (2.70m)	Ella Arrott • Mesa CC
1	10	08'10.25" (2.70m)	Kimberly Schmelzle • Cloud County CC
1	11	08'10.25" (2.70m)	Janell Richardson • Scottsdale CC
1	NH		Emily Reidt • Macomb CC
1	NH		Crystal DeBolt • Cuyahoga CC
1	NH		Katie McGlone • Iowa Western CC

### Women's Long Jump

Meet: 6.49m 21'03.50" Lacena Golding, San Jacinto College-Central, Pasadena, TX 1994

Fieldhouse: 6.10m 20'00.25" Brandon. EIU. 1981

Heat	Place	Time/Dist	Name • Team
2	1	19'05.50" (5.93m)	Jasmine Simmons • Barton County CC
1	2	19'00.50" (5.80m)	Sasha-Kay Matthias • Essex CC
3	3	18'11.25" (5.77m)	Shantel Thompson • New Mexico JC
3	4	18'10.00" (5.74m)	Samantha Smith • Bevill State
3	5	18'07.00" (5.66m)	Darcie Schmitz • Cloud County CC
1	6	18'06.00" (5.64m)	Rosalyn Nelson • Butler County CC
3	7	18'01.75" (5.53m)	Angela Graham • New Mexico JC
2	8	18'01.75" (5.53m)	Brittney Monroe • Florissant Valley CC
2	9	17'11.50" (5.47m)	Ashley Zanders • Florissant Valley CC
1	10	17'11.00" (5.46m)	Ryan Sanders • Rend Lake
3	11	17'09.00" (5.41m)	Tiana Davis • Johnson County CC
3	12	17'08.75" (5.40m)	Breeavia Bennett • Bevill State
2	13	17'08.25" (5.39m)	Lauren Corbitt • New Mexico JC
3	14	17'06.25" (5.34m)	Andrea Moss • Iowa Central CC
2	15	17'00.50" (5.19m)	Lauren Kelly • Hutchinson
2	16	16'11.50" (5.17m)	Markeva Daye • Butler County CC
3	17	16'07.25" (5.06m)	Samantha Henderson • Mesa CC
1	17	16'07.25" (5.06m)	Tarayla Merriweather • Coffeyville CC
1	19	16'07.00" (5.05m)	Gabby Mask • Coffeyville CC
2	20	16'02.50" (4.94m)	Tamara McDuffie • Bevill State
1	21	16'01.75" (4.92m)	Chelsie Dailey • Iowa Western CC
2	22	15'11.00" (4.85m)	Lisa Ohanaja • Barton County CC
1	23	15'03.50" (4.66m)	Amber Feagins • Chattahoochee Tech
1	SCR		Chelsea Hayes • Butler County CC
1	SCR		Jillisa Grant • Southwest Christian

### Women's Shot Put

Meet: 15.39m 50'05.25" Cassandra Lee, Barton County CC, Great Bend, KS 2004

Fieldhouse: 16.15m 53'00" Amarachi Ukabam. SIUC. 2005

Heat	Place	Time/Dist	Name • Team
2	1	47'00.25" (14.33m)	Kelsey Poljansek • Cowley County CC
1	2	44'10.25" (13.67m)	Cherealla Lavan • Barton County CC
2	3	41'08.75" (12.72m)	Ronnisha Hall • North Iowa Area CC
2	4	41'05.75" (12.64m)	Jeaniae Lawton • Macomb CC
1	5	41'02.25" (12.55m)	Julia Russell • Neosho County CC
1	6	40'08.75" (12.41m)	Alesha Asijie • Mesa CC
2	7	40'07.00" (12.37m)	Ashley Holms • Rend Lake
1	8	38'10.50" (11.85m)	Charlene Guigui • Neosho County CC
1	9	37'11.25" (11.56m)	Karmyn Clark • Rend Lake
2	10	37'05.75" (11.42m)	Ebonee Carter • Cloud County CC
2	11	37'02.50" (11.34m)	Jackie Rogers • Cloud County CC
1	12	35'06.75" (10.84m)	Amanda Kelley • CC Rhode Island
2	13	34'09.00" (10.59m)	Jadiah Riley • Iowa Western CC
1	14	34'00.75" (10.38m)	Sarah Sledd • Neosho County CC
1	15	28'10.25" (8.79m)	Calley Pritchett • New Mexico JC

### Women's Pentathlon

Meet: 3840 Virginia Miller, Odessa College, Odessa, TX 1999

Heat	Place	Time/Dist	Name • Team
1	1	3417	Jessica Merriweather • Rend Lake
1	2	3300	Samantha Smith • Bevill State
1	3	3216	Ryan Sanders • Rend Lake
1	3	3216	Sierra Price • Butler County CC
1	5	3167	Samantha Henderson • Mesa CC
1	6	3156	Tiara Barr • Barton County CC
1	7	3135	Britney Clark • Glendale CC
1	8	2941	Andrea Moss • Iowa Central CC
1	9	2896	NaQuita Rowe • Bevill State
1	10	2895	Marissa Maki • Paradise Valley
1	11	2767	Brandy Simpson • Coffeyville CC
1	12	2416	Kelsie Conway • Scottsdale CC
1	13	2308	Britanny Kirton • Johnson County CC
1	14	2253	Katrina Schott • Iowa Central CC
1		DNF	Tamara McDuffie • Bevill State
1		DNF	Diana DeJesus • Mohawk Valley CC